

COMMUNITY GROUP GUIDE

SOLITUDE - FACING OUR ENEMIES - 6/09/2024

COMMUNION

- At some point during your gathering, take communion together.
- Share a Scripture about Jesus defeating evil or use 1 John 3:1–8
- spend a moment in silence to experience the presence of Christ

REVIEW

- The three enemies of our soul: the world, the flesh and the devil. An unholy trinity seeking to destroy the image of God in humanity
- Solitude and Silence is the place we face these enemies with greater clarity
- The battle is a quiet spiritual battle in the mind and heart. Jesus sees some thoughts and mindsets as coming from God and others as satanic in nature
- The devil looks for an opportunity, speaks in the form of thoughts, that lead to behaviors and choices that destroy us, our relationship to God and our relationships with others
- Two important christian practices for spiritual warfare are forgiveness and devotion to the teachings of Jesus

DISCUSSION

1. How did your practice of solitude go this week?

Read: Mark 1:9–13

2. What stood out to you from this week's teachings?
3. What resistance might you need to work through as you enter the desert place of solitude?
4. Have you ever thought about the desert as a place of strength? Where can you see this play out in your own life?
5. How might remembering that solitude is a place of resisting the world, the flesh, and the devil help you in your practice of solitude?

ADDITIONAL RESOURCES

Book: *An Invitation to Solitude and Silence* by Ruth Haley Barton

QUESTIONS? [Submit a question here](#) or email weston@rolcf.net