

COMMUNITY GROUP GUIDE

SOLITUDE - ENCOUNTERING GOD - 6/23/2024

COMMUNION

- At some point during your gathering, take communion together.
- Share a Scripture about the presence of Jesus or use Matthew 18:19–20
- spend a moment in silence to experience the presence of Christ

REVIEW

- Solitude is an act of sacred waiting – Tyler Station
- All the christian saints and sages throughout history say in chorus that Solitude is a foundational practice for the spiritual life – for in it we encounter God
- Friendship with God is the most important thing
- Solitude and Silence is an invitation to intimacy with God

DISCUSSION

1. How did your practice of solitude go this week? Where did you experience resistance? Where did you experience God?

Read: Mark 1:35–39

2. What stood out to you from this week's teachings?
3. Whether big or small, have you ever had an encounter with God in Solitude? What was that experience like?
4. In light of your experience with solitude, what is God doing in you during "retreat" that you want to carry into your "return"?
5. How do you want to integrate the practice of Solitude into your life going forward?

ADDITIONAL RESOURCES

Book: *An Invitation to Solitude and Silence* by Ruth Haley Barton

QUESTIONS? [Submit a question here](#) or email weston@rolcf.net