

COMMUNITY GROUP GUIDE

SIMPLICITY OF HEART - 9/22/2024

COMMUNION

- At some point during your gathering, take communion together.
- Share a Scripture about God's healing/restoration or use 1 Peter 2:24
- spend a moment in silence to experience the presence of Christ

REVIEW

- Soul = your whole person – you are a living, breathing, physical being
- Heaven = uninterrupted life with God
- Salvation = the process of everything that we are and every part of our life coming into alignment with the rule of Jesus and the life of His kingdom
- “Stuff” is not a problem unless my desire for “stuff” is independent of my desire for God
- Therefore, do not set your heart on these things, but seek first God's kingdom
- Seek God's kingdom = live for God's presence and pleasure
- Simplicity starts with stewarding the teachings of Jesus in your heart
- Before you can say no to something, first figure out what you want to say yes to

DISCUSSION

1. How did the experiment in Week 1 go? (The Letting Go Experiment).

Read: Luke 12:22–34

2. What stood out to you from this week's teaching?
3. How do you imagine your values might (or might not) impact what stays and what goes in your life?
4. As you look forward, is there any one area you most look forward to simplifying or most want to simplify? Such as your schedule, your home, etc.

ADDITIONAL RESOURCES

Book: *Abundant Simplicity* by Jan Johnson

Life Coach: LeighAnn Ricci, www.crosswindscollab.com

QUESTIONS? [Submit a question here](#) or email weston@rolcf.net